

Covid-19 regulations for the Starkenberger HOMERUN and the DYNAFIT Trail Run3

One week before the event

Each participant will be sent a questionnaire in which they must provide information about possible Covid-19 symptoms. This questionnaire must be completed, signed and returned when collecting your starter kits on site at the registration. No start number & starter kit will be handed out without receiving the completed questionnaire. The following information must be provided and the following questions must be answered:

- Date
- First / last name
- Start number (participant)
- Current body temperature
- *Have you been in a Covid-19 high-risk area (as defined by the Austrian federal government) in the last 14 days?*
- *Have you had close contact (more than 15 minutes with less than 2 metres distance) with a confirmed or probable Covid-19 case?*
- *Detailed questions about Covid-19 symptoms*

On-site registration

Participants will be invited in groups to pick up their start numbers from the race office in Imst. All hygiene and social distancing requirements must be respected during this process as well. Please note the latest information provided via e-mail. Late registrations on site are **not** possible.

During the event

General rules

All official guidelines must be observed both inside and outside the event site. You can find all information on this at <https://www.austria.info/de/service-und-fakten/coronavirus-situation-in-oesterreich>

Any participant who tests positive for Covid-19 **during the event or up to two weeks after the event** must inform the organiser immediately. This also applies to participants who have had direct contact with a confirmed Covid-19 case while that person was infectious.

The organiser reserves the right to exclude on site participants from high-risk areas, including those which are defined as high-risk areas by the Austrian federal government after 8 September 2020.

Runners who do not comply with the safety concept and the measures set out above will be disqualified by the organiser.

Additional requirements

- A minimum distance of 1.5 metres must be maintained at all times. If this minimum distance cannot be maintained, it is immediately compulsory to wear a face mask covering the nose and mouth.

STARKENBERGER

HOMERUN



- Any participant with symptoms indicating a suspected Covid-19 infection (see questionnaire) is forbidden from entering the event site.
- Starting times are staggered. Participants may only enter the start area at the time indicated.
- Access to the start area is only possible with a valid start number. No access will be granted to participants without a start number.
- The start area may be entered 30 minutes before your scheduled start time. Participants must disinfect their hands when entering, wear a face mask and maintain a distance of at least 1.5 metres.
- Only runners are allowed into the start and finish areas. Fans, visitors, coaches and other accompanying persons are not permitted to enter these areas.
- The mandatory equipment for the event includes a face mask and at least 50ml disinfectant.
- Participants will start individually or in groups. The starting order at the DYNAFIT Trail Run3 mountain sprint and at the Starkenberger HOMERUN on Saturday will be determined by the start number. At the DYNAFIT Trail Run Imst on Sunday after the starting order will be determined by the standings in the overall classification, with the fastest runners start first. Start lists and start times will be provided during the registration process and can also be viewed online at <https://starkenberger-homerun.com/>.

Safety & hygiene rules during the races

Start area

In the pre-start, start and finish areas, and during the entire race, no contact with third parties is allowed (i.e. contact with persons outside the race by handing over drinks, clothes, etc.). Any violation of this rule will result in time penalties and/or disqualification.

Route

Running in the slipstream of other teams is prohibited. When overtaking another competitor, a distance of at least 1.5 metres must be maintained. If this distance cannot be maintained, a face mask must be worn.

Feed stations

Due to the hygiene regulations, the staff at the feed stations will hand everything out themselves – participants are not allowed to help themselves. Participants must disinfect their hands before or at each feed station before accepting anything from the staff. Participants are obliged to carry a container for food and drink.

Finish area

- a) After crossing the finish line, participants must wear a face mask and maintain a distance of at least 1.5 metres.
- b) The event ends when the participant leaves the exit of the finish area.

Final provisions

Any additional provisions and requirements are defined, among other things, in relation to the situation of the current global pandemic. Changes may occur at any time which are not within the control of the organiser and may require measures to be put in place at short notice.

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